

Winter Rockies Program

CALGARY

Activity Calendar | Jan 11 - 24 | 2026

Each weekday includes: ESL classes (08:45 - 12:20), Lunch (12:20 - 13:05), PM Activities (13:15 - 16:15 Approx)

This 2-week program is designed for youth who are interested in experiencing Canadian winter sports!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 多意	Jan 11	Jan 12	Jan 13	Jan 14	Jan 15	Jan 16	Jan 17
Week 1		ESL Classes	ESL Classes	ESL Classes	ESL Classes	ESL Classes	AM: Transfer to
	ARRIVAL!	Lunch	Lunch	Lunch	Lunch	Lunch	Banff & Explore the Town
	Transfer to Homestay	Walk Down Stephen Ave & Calgary Tower	Tobogganing	Snow Tubing & Bobsleigh at WinSport	Canadian Music Hall of Fame & Studio Bell Centre	Skii/Snowboard Lesson at WinSport	PM: Transfer to Calgary Optional: Overnight Stay
	Jan 18	Jan 19	Jan 20	Jan 21	Jan 22	Jan 23	Jan 24
Week 2	Optional:	Skiing	ESL Classes	ESL Classes	ESL Classes	ESL Classes	
	AM:	Lunch	Lunch	Lunch	Lunch	Lunch	
	Gondola Ride PM: Transfer to Calgary	Visit Kensington Cafes & Hexagon Board Game Cafe	NHL Hockey Game	Calgary Zoo Penguin Walk	Ice Skating	Curling	Departure









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- Walk down Stephen Avenue & Calgary Tower https://www.calgarytower.com/
- Tobogganing https://tinyurl.com/58t496sk
- Snow Tubing and Bobsleigh https://tinyurl.com/2xf87xj3
- Calgary Zoo https://www.calgaryzoo.com/
- Ice Skating https://tinyurl.com/msmwymtu
- Curling https://www.calgarycurlingclub.com/
- Trip to Banff https://www.banfflakelouise.com/
 - · With optional Gondola ride https://gondolabanff.com/
- Studio Bell Centre https://www.studiobell.ca/
- Kensington Cafe Tour https://kensingtonyyc.com/